



**WorkSource**  
MONTGOMERY

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# BLACK HISTORY MONTH '23

**BHM SPOTLIGHT: FRANCES PAUL**

*Rizzing Starrz Family Child Care*  
Owner & Operator





## Tell us a little bit about your organization.

Rizzing Starrz is an in-home early education facility located in Montgomery County, Maryland, that promotes the enrichment of educational, cultural, artistic, and scientific activities that are vital to the growth of and creative expression in children. We work to provide a safe and friendly teaching atmosphere, where the minds of young children will be cultivated and nourished. Preparing them for the next steps on their educational journey.

Our motto is Mediocrity is accepted, and Excellence is Rare. Encouraging children and their families to strive for excellence in all they do. Our goals at Rizzing Starrz Family Child Care are to:

- Encourage positive relationships through play
- Prepare children for their future
- Enable children to follow simple and complex instructions
- Encourage a love of music, books, and a love of the Arts
- Enable each child to be self-confident, and self-disciplined
- Teach the children to have a sense of wonder and to think about their surroundings
- Encourage each child to laugh, and have fun,

...And most importantly, to have: **Practice Responsibility In their Daily Experience (PRIDE)**





## **Tell us a little bit about YOU!**

I am a first-generation Caribbean American and native Washingtonian. As a child, I had the pleasure of living in the Caribbean before returning to the States. I am a graduate of Montgomery College and the University of Maryland, College Park.

On a personal level, I'm a lover of all things music with an emphasis on Soca, Reggae, House, RnB, and Jazz. I enjoy a good music festival or just simply a day at the park with live music. Of course, if music is involved then one has to dance, and that's exactly what I do. I believe that a passport is a necessity and keep mine current at all times. Having a current passport allows me the ability to be able to travel at a moment's notice. I'm open to trying new things as long as it's safe and fun. I love to read, and journal often and consider myself to be a low-key foodie. I dabble in calligraphy, and photography and simply enjoy life.

Professionally I've been employed by D.C and the Federal government, and private industry. Currently, I take pride in my business as an Early Educator and am fully aware that teaching is my superpower. Sharing my knowledge and expertise with others to help them in any way I can is very important to me. I welcome opportunities when I can simply help someone else based on my knowledge and resources. All of my experiences in life, my education, the jobs I've held, and just simple day-to-day occurrences prepared me to be an entrepreneur. I've sat on committee's participated in think tanks, worked on Capital Hill, and volunteered for different events and businesses.

Just as much as I enjoy teaching, I take pleasure in learning. I believe that if one is open and receptive, one can learn something new every day.





## How did you get into your particular field?

After working in both government and private industry. I decided to pursue my lifelong goal of owning my own business. I began by taking a course that gave me an overview of the industry which then led me to work at a Child Development Center in my neighborhood. My work at the center exposed me to both the direct service and administrative sides of the business. While at the center I served as the staff representative on the board and worked as both a lead teacher and aide. My time at the center gave me the opportunity to get hands-on training, develop meaningful relationships, and understanding of what it takes to run a business in this field.

I've always believed that working with children, is not just my passion but also my purpose. I enjoy seeing them reach developmental milestones while learning and exploring their environment. Oftentimes, children aren't given the credit they deserve and adults forget that they were once children. My goal as an Early Educator is to encourage parents to recognize that just as much as their children learn from them, they too can learn from their children.

## What do you enjoy most about your job?

I enjoy the flexibility and the opportunity to plant seeds of knowledge, skills, and experiences as I watch the children use them to develop their personalities and character. Little people hugs are also a great perk!





## **Tell us about your hobbies & interests outside of work.**

My hobbies outside of work center around the arts and entertainment. I love music, I love to dance. I enjoy live entertainment and take every advantage of experiencing concerts and shows when I can. I also consider myself an amateur photographer and dabble in calligraphy. Music and photography serve a dual purpose and come in handy with my business. I expose the children to all types of music and pictures are taken to share their daily experiences with parents.

## **What's the best way for the public to contact your organization?**

The public can check out my website at [www.rizzingstarrz.com](http://www.rizzingstarrz.com) or they can email me at [Rizzingstarrz@att.net](mailto:Rizzingstarrz@att.net).

